



Terms & Conditions

1. About the Service

These terms and conditions apply to all hypnobirthing classes, antenatal education services, and digital products provided by Cheshire Parent & Family Support.

By booking a course or purchasing a product, you agree to these terms.

All services are educational in nature and are designed to support you in preparing for birth. They are not a substitute for medical advice or care provided by your midwife, GP, or other healthcare professionals.

2. Bookings and Payment

Full payment (or a deposit, if offered) is required to secure your place on a course.

Spaces are limited and allocated on a first-come, first-served basis. Your place is only confirmed once payment has been received.

If a payment plan is agreed, all payments must be completed before the course start date unless otherwise agreed in writing.

3. Cancellation and Refund Policy

By You:

- Cancellations made more than 14 days before the course start date may be eligible for a refund, minus a £30 admin fee.
- Cancellations made within 14 days of the course start date are non-refundable.
- If your baby arrives before the course begins, you may:
 - Transfer to a future course (subject to availability), or
 - Receive access to digital materials where available.

By Me:

If I need to cancel or reschedule a course due to unforeseen circumstances, you will be offered:

- A full refund, or
- A transfer to a future course.

4. Missed Sessions

If you are unable to attend a session, I will do my best to provide a summary or resources, but this is not guaranteed.

Missed sessions are non-refundable.

5. Health and Medical Disclaimer

All information provided during classes or within digital content is for educational purposes only.

I am not a medical professional and do not provide medical advice, diagnosis, or treatment. Always consult your midwife, GP, or healthcare provider regarding any medical concerns or decisions about your pregnancy or birth.

6. Participation and Responsibility

By attending classes, you acknowledge that:

- You are responsible for your own health and wellbeing
- You will inform me of anything that may affect your participation
- You participate voluntarily in all exercises and relaxation techniques

7. Partner Attendance

Where applicable, your booking includes attendance for one birth partner. Additional attendees must be agreed in advance. This is due to capacity in the room. I will always be as flexible as possible, so please get in touch to discuss your needs.

8. Photo and Recording Consent

From time to time, photographs or short video recordings may be taken during classes for use in marketing materials, including website and social media.

Your privacy is important:

- Identifiable images will only be used with your explicit consent
- You can opt out at any time by informing me

If consent is withdrawn, I will stop using new images and, where reasonably possible, remove existing ones from future use.

All media will be stored securely in line with the Privacy Policy.

9. Digital Products and Downloadable Content

Access and Use

All digital content (including audio, video, and PDFs) is for personal use only and must not be copied, shared, or distributed without permission.

Delivery

Digital products are delivered via email or an online platform. Please ensure your contact details are correct.

Refunds

Due to the nature of digital products, all sales are final and non-refundable once accessed or downloaded, unless required by law.

Disclaimer

Digital content is for educational and relaxation purposes only and is not a substitute for medical advice.

Availability

Content may be updated or changed at any time. Purchased content will remain accessible where reasonably possible.

10. Intellectual Property

All course materials and content are the intellectual property of Cheshire Parent & Family Support and are provided for personal use only.

11. Privacy

Your personal data will be handled in accordance with the Privacy Policy available on this website.

12. Liability

While every effort is made to provide a safe and supportive environment, Cheshire Parent & Family Support accepts no liability for any loss, injury, or damage arising from participation, except where required by law.

13. Changes to Terms

These terms may be updated at any time. The latest version will always be available on this website.

14. Contact

Laura Marley

Cheshire Parent & Family Support

Cheshirepfs@gmail.com